



2017 Ruse ETU Aquathlon Balkan Championships



ATHLETES' GUIDE



7th – 9th July 2017

INTRODUCTION

The **Bulgarian Triathlon Federation** together with **Ruse Municipality** and **Dalyan Triathlon Sport Club** are proud to host *2017 Ruse ETU Aquathlon Balkan Championships*.

We look forward to welcoming you and your athletes in Ruse on 7th July, 2017.

Please, find all the details about the event in our Athletes' guide.

All the information contained in this Guide is correct and up-to-date, however, please be advised to check with the LOC during the Balkan Championship's week regarding any changes.

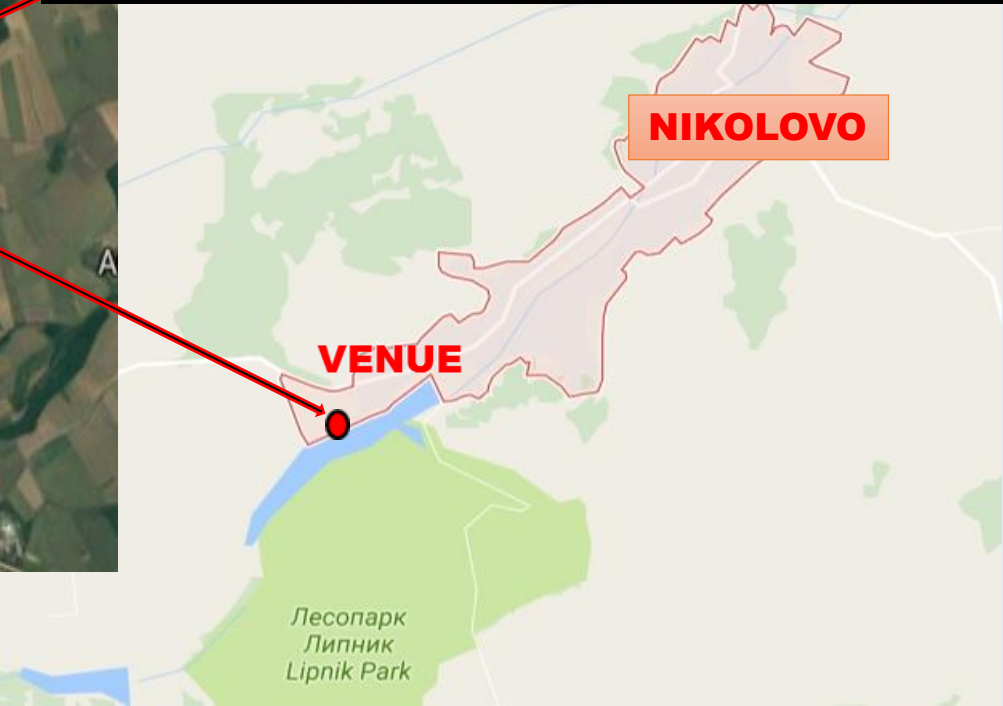
LOCATION

Ruse is the biggest Bulgarian city situated on the Danube river.

The venue is located at the lake of Nikolovo, situated 7 km northeast of Ruse.



VENUE



EVENT AND CONTACT INFORMATION

| | | |
|---|---|----------------|
| Event Title: | 2017 RUSE ETU AQUATHLON BALKAN CHAMPIONSHIPS | |
| Event Venue: | Ruse, Rowing Complex - village of Nikolovo | |
| Event Country: | Bulgaria | |
| Event Start Date: | 07 July 2017 | |
| Event Finish Date: | 07 July 2017 | |
| Entry fee JUNIOR/ELITE | Amount:20 | Currency: Euro |
| Event Contact Name: | Emil Stoynev | |
| Event Contact Address: Company or name of the contact person, street, town, zipcode, country | Bulgarian Triathlon Federation 75, Vasil Levski Blvd Sofia 1040 Bulgaria | |
| Event Contact Email: | burgastriathlon@gmail.com | |
| Event Contact Phone: | +359 888 530 656 | |
| Event Website: | https://bgtriathlon.com | |
| Event Facebook Address: | https://www.facebook.com/bgtriathlon?ref=hl | |

| Date | Time(hh:mm) - Activity |
|---------------|-----------------------------------|
| 06-07/07/2017 | Arrival of teams and athletes |
| 07/07/2017 | 12:00 Athletes' Briefing |
| 07/07/2017 | 14:00 swim course familiarization |

| | |
|------------|---|
| 07/07/2017 | Race day – start times 18:00 Junior & Elite Athletes |
|------------|---|

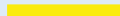
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|----------------------|--------------------------------------|
| Briefing date, time: | 07/07/2017 - 12.00 |
| Briefing location: | Rowing complex - village of Nikolovo |

TRAVEL AND ACCOMMODATION

| | |
|--|--------------------------------------|
| Closest airport: | Varna(Bulgaria); Bucharest (Romania) |
| Visa requirements: | Check with your consular department |
| Local transportation provided: | No |
| Name and contact details (address, phone, email, website) of the host hotel: | To be announced at a later date |

Course Maps and Details

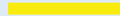
JUNIOR AND ELITE

RUN – 2,5 km 

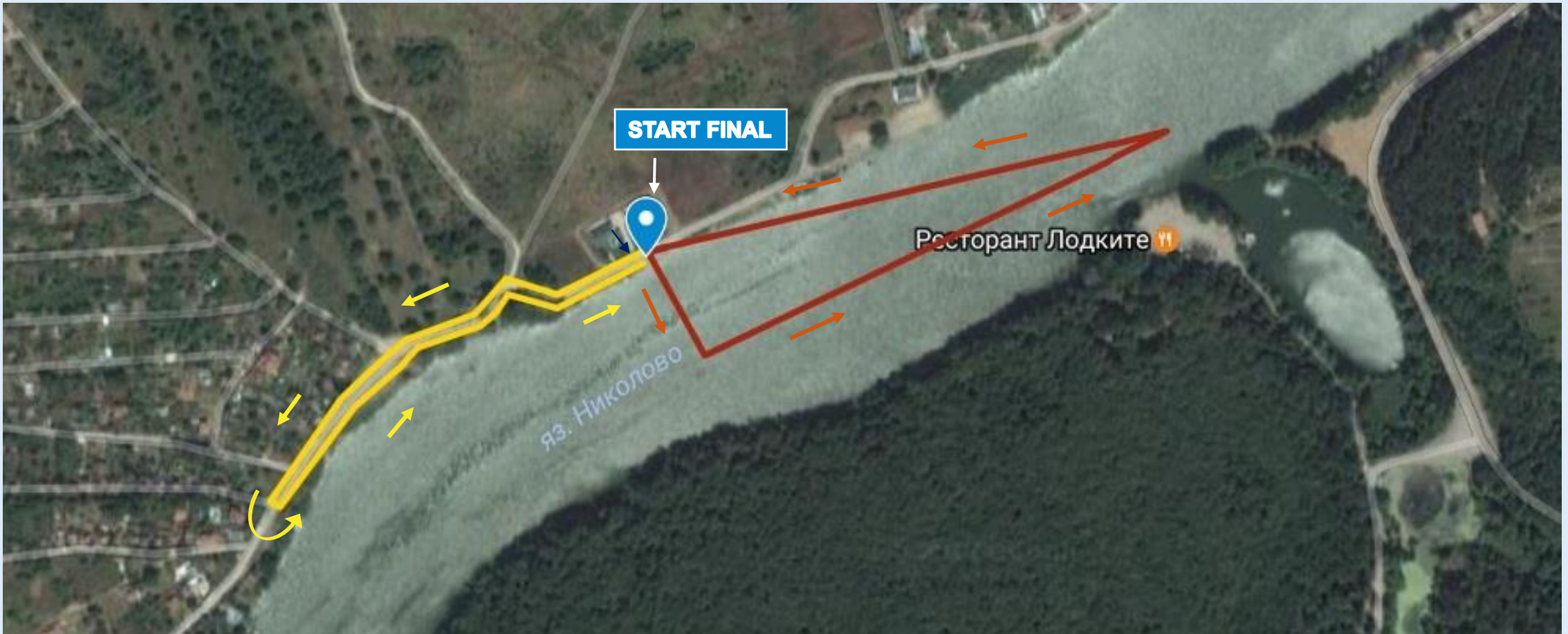
Number of laps: 3
Flat, asphalt road

SWIM – 1000 m 

Water temperature: around 26 ° C
Number of laps: 1
Start Mechanism: mass start
Conditions: lake

RUN – 2,5 km 

Number of laps: 3
Flat, asphalt road



DETAILED SCHEDULE

Aquathlon & Triathlon

Friday, 07 July 2017

| | |
|---------------|---|
| 12.00 - 16.00 | Registration and payment of entry fees |
| 14.00 - 16.00 | Athletes' Briefing |
| 16.00 | swim course familiarization |
| 16.30 | bike course familiarization |
| 17.00 | transition area opens |
| 17.15 - 17.45 | warm-up |
| 17.50 | assembling at the start line |
| 17.55 | introduction of the athletes |
| 18.00 | start 2017 Ruse ETU Aquathlon Balkan Championships |
| 19.00 | medal ceremony |

Saturday, 08 July 2017

| | |
|---------------|-------------------------------|
| 08.00 | transition area opens |
| 08.00 - 08.45 | warm-up |
| 08.50 | assembling at the start line |
| 08.55 | introduction of the athletes |
| 09.00 | start Elite Male |
| 09.05 | start Elite Female |
| 10.30 | transition area opens |
| 10.30 - 11.15 | warm-up |
| 11.20 | assembling at the start line |
| 11.25 | introduction of the athletes |
| 11.30 | start Junior Male |
| 11.35 | start Junior Female |
| 13.00 | medal ceremony Elite & Junior |
| 16.00 | transition area opens |
| 16.00 - 16.45 | warm-up |
| 16.50 | assembling at the start line |
| 16.55 | introduction of the athletes |
| 17.00 | start AG |
| 19.00 | medal ceremony AG |

Sunday, 09 July 2017

| | |
|---------------|--|
| 08.00 | transition area opens |
| 08.00 - 08.20 | warm-up |
| 08.30 | Mixed Relay Balkan Triathlon Championships |
| 10.00 | transition area opens |
| 10.00 - 10.30 | warm-up |
| 10.45 | start YM |
| 10.50 | start YF |
| 12.30 | Medal ceremony Teams & Youth |
| 13.00 | transition area opens |
| 13.30 | start national triathlon championships category 0 & 1 age groups Male |
| 14.15 | start national triathlon championships category 0 & 1 age groups Female |
| 15.30 | medal ceremony children |

If there are not enough teams the program will be as follows:

| | |
|---------------|--|
| 08.00 | transition area opens |
| 08.00 - 08.20 | warm-up |
| 08.30 | YM |
| 08.35 | YF |
| 10.00 | Medal ceremony Youth category |
| 10.15 | transition area opens |
| 10.45 | start national triathlon championships 0 & 1 male |
| 11.30 | start national triathlon championships 0 & 1 female |
| 12.30 | medal ceremony children |

Depending on the number of participant in Youth category it is possible the starts for YM and YF to be separate.

Other related information

Categories

Junior – athletes born 1998, 1999, 2000,2001 (16 – 19 years of age)

Elite – athletes born 1999 and in the previous years (18+ years of age)

Distances:

Junior & Elite: 2.5 km run – 1000 m swim – 2.5 km run

THE INFORMATION PROVIDED ABOVE IS SUBJECT TO UPDATES!

REGISTRATION FOR ELITE ATHLETES - ITU system through the respective National Federation.

JUNIOR, YOUTH & AG - on line registration form at www.triathlonbg.com